

# Evolving Communities Beyond Services: Building Bridges National Community Mental Health and Addictions Conference 2010

**14 – 16 April 2010, Wellington Convention Centre, NZ**



[www.buildingbridges.co.nz](http://www.buildingbridges.co.nz)

*Transcending barriers, cultures and differences in our approach to community mental health and addiction services.*

**Evolving Communities Beyond Services:  
Building Bridges National Community  
Mental Health and Addictions Conference 2010**

**14 – 16 April 2010, Wellington Convention Centre, NZ**

## **Call for Abstracts and Presentations Now Open!**

Evolving Communities Beyond Services will attract over 400 people over three days from 14 – 16 April 2010 and will be held at the Wellington Convention Centre. Since 1997 Building Bridges has set the standard for Australasian community mental health and addiction conferences with its always challenging and innovative content. We are seeking presentations that help us maintain these high standards in terms of concept, content and presentation. We welcome ALL your ideas and abstracts!

- The changing face of mental health and addictions services at primary level
- Evolving needs of mental health & addiction consumers in the new environment
- Clinical meets community – clash or collaboration?
- Youth health groups – a lesson in shared service development?
- Coping in the current climate and maintaining innovation
- The challenges of forensic mental health
- Workshops, key note speakers, plenary and flexi-track sessions will enable you to explore the latest thinking on these topics and more.

So are you going to the Building Bridges Conference?

## **Contact Information:**

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**Evolving Communities  
Beyond Services**

## Key Dates

- 9 October 2009: Call for Abstracts closes  
31 October 2009: Early Bird Registration closes

We're looking for presenters from right across the sector and beyond so if you have an interest in Addictions, Consumer Organisations, DHB's, Maori, NGOs, Pasifika, Primary Health, Workforce Development and Youth Health, we'd love to hear from you!

*We will be making addictions an integral part of this conference and plan a number of panel discussions/workshops to reinforce this. Presentations from and for the addictions sector will be particularly welcome.*

## Registration

Very special rates for consumers and students. Fantastic early bird rate and further reductions for three or more registrants from the same organisation.

More information about the conference registration fees can be found on the conference website

[www.buildingbridges.co.nz](http://www.buildingbridges.co.nz)

## Keynote Speakers

### **Lana Frado, Sound Times Support Services, Canada**

Lana Frado is the Executive Director of Sound Times Support Services, a consumer/survivor operated community mental health agency, providing community support, as well as specialized services to those involved in the criminal justice system and substance users. She has worked within the consumer/survivor community for almost two decades in both grass roots and mainstream initiatives. She has worked in cross-disability activism, policy and system design, employment and human rights issues at local, provincial and national levels. She lives in Toronto, Ontario, Canada.

### **Jacqui Dillon, Chair, Hearing Voices Network, UK**

Jacqui Dillon is a writer, campaigner, international speaker and trainer specialising in hearing voices, psychosis and trauma. She is the national Chair of the Hearing Voices Network in England, a charity which works to promote acceptance and understanding of the experiences of hearing voices, seeing visions, tactile sensations and other sensory experiences. Jacqui is a member of the co-ordinating committee for the Campaign to Abolish the Schizophrenia Label. She has published several articles and papers and is on the editorial board of the journal *Psychosis: Psychological, Social and Integrative Approaches*. Along with Professor Marius Romme and Dr. Sandra Escher she is co-author of the book, *Living with Voices*, an anthology of 50 voice hearers' stories of recovery. Jacqui is also a voice hearer.

### **Shona Clarke**

Shona is the Youth Consumer Advisor Project Leader at the Werry Centre for Child and Adolescent Mental Health, Workforce Development. She has enthusiastically advocated for youth consumer participation, and has advised in various mental health settings for eight years. Shona has a Bachelor of Arts majoring in psychology from the University of Auckland and is currently studying postgraduate psychology.

### **Karlo Mila-Schaff**

Karlo Mila-Schaff (Karlo Mila) worked at the HRC from 2001-2004 as the Manager, Pacific Health Research. One of the projects she was responsible for during that time was the drafting of the Pacific health research guidelines. Of Tongan and Pakeha descent, she has written two books of poetry, one of which was awarded the "best first book of poetry" at the 2006 Montana New Zealand Book Awards. She has recently submitted her PhD which focused on how second generation (NZ-born) of Pacific peoples operate culturally. Karlo is now living in Palmerston North with her family and is working on an autobiographical novel which blends fiction with memoir to explore experiences of unwellness and recovery.